



# Enrollment Application Cairns Community Center



### Applicant Information

Name: _____	Home Phone: _____
Address: _____	Cell Phone: _____
City, State, Zip: _____	Date of Birth: _____

### Program / Class Information (check all that apply)

Class Fees: \$5 per hour for two (2) hours

- |   |   |
|---|---|
| <input type="checkbox"/> <b>Traditional Tang Soo Do (Karate):</b><br>Korean martial art with ranking system all the way to black belt level. Class fees and testing fees apply, not included in registration. Traditional weapons classes available, at additional cost, by instructor's invitation only. | <input type="checkbox"/> <b>Speed Brick Breaking:</b><br>Featured on NBC's America's Got Talent & Today Show, Black Belt Magazine, Fox 2 Detroit, and in many print and internet media world-wide. Learn the Art that made Sensei Kevin "Big K" Taylor famous. Go to <a href="http://www.wsba.com">www.wsba.com</a> for more information. |
| <input type="checkbox"/> <b>Self Defense:</b><br>Emphasis on situational awareness, safety strategies, and practical street survival applications. Multiple levels starting with basic wrist locks, escapes, choke hold escapes, and body escapes. Non-martial artists and women welcome!                 | <input type="checkbox"/> <b>Rapid Fire Tactics:</b><br>Focuses on rapid hand speed, weapon disarmament, and delivering crushing hand strikes with the ability to break bone.  |
| <input type="checkbox"/> <b>Cardio Kickboxing:</b><br>High-intensity, fast-moving class combining elements of boxing, martial arts, and aerobics to provide overall physical conditioning and toning. Certification required to advance from beginning to intermediate and advanced levels.               | <input type="checkbox"/> <b>Private Lessons:</b><br>\$55 per session with a Certified Black Belt or Self Defense Instructor. Registration is required if private lessons count toward rank advancement or if lessons are supplementing a group class in which the student is participating.   |

**Coming Soon – Tai Chi !!**

I, or my child, would like to enter the Community Fitness Martial Arts program. By signing this form I waive all claims against Community Fitness Martial Arts, for injuries or illness, which are directly or indirectly caused as a result of my or my child's participation in Community Fitness Martial Arts. I also ensure that the participant is in proper physical condition to enroll in Community Fitness Martial Arts. I also understand that I may be exposing myself or my child to possible, accidental risk of physical injury in this program. This risk is understood and accepted through my signature below. I also understand that Community Fitness Martial Arts has the authority to restrict instruction or remove anyone who disobeys the instructor or disrupts the learning process.

\_\_\_\_\_  
 Printed Name  
 (Parent or Guardian if Individual is a  
 under 18 years of age)

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Date