

My dad wanted me to join a sport. I gave him the idea of doing karate, but I was not too excited. But my idea changed after the first class, I saw how fun it was. When I got my gee I liked karate even more. I was scared of sparing at first but after the first time I was fine. Karate helped me by defending myself in case anybody tried to hurt me. And it taught me to stand up for myself if anybody made fun of me. So karate also helps me at school and at home and also builds self-confidence. I knew every thing would pay off when I got my black belt and it did.

I've been in karate for five years now and I hope I will do karate for a long time. I'm dedicated to karate and the only time I wanted to stop was at blue belt testing. But I'm thankful for sensei Taylor because he kept telling me don't quit and not to stop and it worked. I am also thankful for my dad with all the time and money he put into my karate. So it's an honor to all the black belts that helped me physically and mentally to receive my black belt and stand with the black belts and be an instructor.

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